

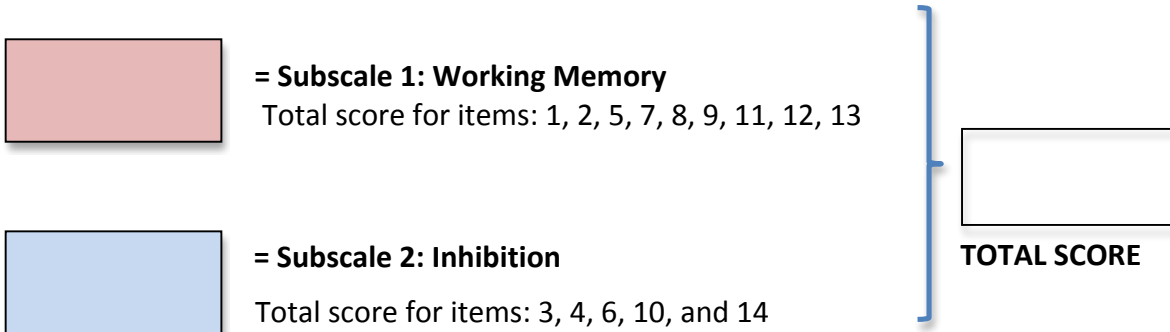
## ADULT EXECUTIVE FUNCTIONING INVENTORY (ADEXI) OTHER-REPORT VERSION

*Below you will find a number of statements. Please circle a number to the right of each statement to indicate how well that statement describes the person that you are rating. The person that you are rating might have a different opinion about him-/herself– we want to know what you think. Try to respond as honestly as possible.*

	Definitely not true	Not true	Partially true	True	Definitely true
	1	2	3	4	5
1. Has difficulty remembering lengthy instructions	1	2	3	4	5
2. Sometimes has difficulty remembering what he/she is doing in the middle of an activity	1	2	3	4	5
3. Has a tendency to do things without first thinking about what could happen	1	2	3	4	5
4. Sometimes has difficulty stopping him-/herself from doing something that he/she likes even though someone says that it is not allowed	1	2	3	4	5
5. When someone asks him/her to do several things, he/she sometimes remembers only the first or last	1	2	3	4	5
6. Sometimes has difficulty refraining from smiling or laughing in situations where it is inappropriate	1	2	3	4	5
7. Has difficulty coming up with a different way of solving a problem when he/she gets stuck	1	2	3	4	5
8. When asked to fetch something, he/she sometimes forgets what he/she supposed to fetch	1	2	3	4	5
9. Has difficulty planning for an activity (e.g., remembering to bring everything necessary when going on a trip/to work/to school)	1	2	3	4	5
10. Sometimes has difficulty stopping an activity that he/she likes (e.g., watch TV or sit in front of the computer in the evening even though it is time to go to bed)	1	2	3	4	5
11. Sometimes has difficulty understanding verbal instructions unless he/she is also shown <u>how</u> to do something	1	2	3	4	5
12. Has difficulties with tasks or activities that involve several steps	1	2	3	4	5
13. Has difficulty thinking ahead or learning from experience	1	2	3	4	5
14. Appears to be more lively/wilder compared to other people his/her age	1	2	3	4	5

## SCORING

Fill in the total score for the two factors WORKING MEMORY and INHIBITION and fill in the ADEXI total score.



### Scientific articles using the ADEXI:

Holst, Y. & Thorell, L.B. (2016). *Adult Executive Functioning Inventory (ADEXI): Validity, Reliability, and Relations to ADHD*. Manuscript under revision for publication

Holst, Y. & Thorell, L.B. (in press). Neuropsychological functioning in adults with ADHD and adults with other psychiatric disorders: The issue of specificity, *Journal of Attention Disorders*